
Quilts of Valour - Canada A History

An organization in the United States, called “Quilts of Valour Foundation”, has been underway for several years. This organization makes quilts for American soldiers who have returned injured from deployed operations.

In January 2006, Lezley Zwaal, realized there wasn't an official group in Canada making quilts for our soldiers who have returned injured. She contacted Catherine Roberts, founder of QoV. After many discussions and loads of encouragement **“Quilts of Valour – Canada”** began.

Since 2006, quilters across Canada have made over 300 quilts which have been presented to our brave injured soldiers.

Quilt Requirements

1. Desired size is 60” x 75”.
2. Fabric should be good quality, 100% cotton. A good choice to include in a quilt is a Maple Leaf Motif” or any Canadian theme but is not necessary.
3. The backing fabric should also be 100% cotton and co-ordinate with the top. If you are sending the quilt to a “long arm” quilter, please allow the backing to be 6-8 inches wider and longer than the top.
4. It would be helpful to make a pillow case with handles to accompany the quilt so it can be easily carried, stored and shipped.
5. Please wash the quilt with unscented soaps and fabric softeners before sending.

Volunteers and Donations

1. Completed quilts hand or machine quilted.
2. Quilt tops.
3. Long arm quilters, machine quilters and hand quilters.
4. Donations of fabric 100% cotton, thread and batting.
5. Volunteers to prepare kits for quilting bees.

If you are able to do one, some or all of the above, please contact one of your local QoV volunteer to add their touch to the quilt.

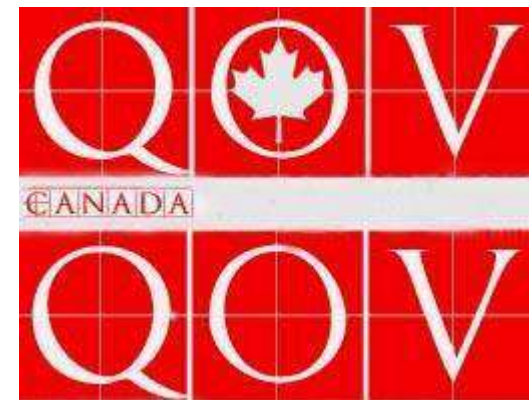
When the quilt is finished it will be labeled with the names of the volunteers who made it. Through the QoV Co-ordinator, the quilt will be distributed to our military contact and presented to an injured soldier.

Central Canada Contact:

Elizabeth Seamans
QoV Central Canada Co-ordinator
117 Malcolm Street
Angus ON L0M 1B0
705-424-1200 ext. 2962 or
705-424-0759
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Quilts of Valour – Canada

It is one small way of showing our brave men and women that their sacrifices are recognized by Canadians who value freedom and security in our world.



Local Contacts:

Mary Pender
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Midland, ON L4R 4P5
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705-526-2759

mpender56@hotmail.com



QUILTS OF VALOUR CANADA

Mission Statement

*To ensure that our wounded
Canadian Soldiers
Are recognized for their bravery
And commitment
Of the true patriotism
to our country.
We give this support
Through the presentation
Of quilts of comfort made
for our military service people.*

Quilts of Valour - Canada

**Is not about politics.
It's about people.**

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